

*Presented by* The New York Cardiological Society, Inc.

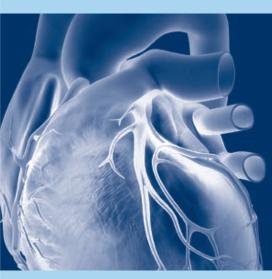


*of the* New York State Chapter, American College of Cardiology



*in association with* New York Cardiac Center

Jointly Provided by University of Rochester CCHESTER Center For Experiential Learning



THE TENTH ANNUAL CARDIO-VASCULAR TEAM SYMPOSIUM 2017

**Friday, June 2, 2017** 9 a.m. – 5:30 p.m.

The Inn on The Lake 770 South Main Street Canandaigua, NY

# PROGRAM DESCRIPTION AND TARGET AUDIENCE

The Tenth Annual Cardiovascular Team Symposium, presented by The New York Cardiological Society, is a unique academic event designed to enhance current knowledge about the etiology, prevention, intervention and management of cardiovascular disease. Presentations will provide cardiovascular team members with evidence-based approaches to the treatment and care of the cardiac patient and information regarding current and new cutting-edge technologies. The target audience includes nurse practitioners, physician assistants, nurses, physicians and all members of the cardiovascular team.

# NEEDS STATEMENT

Demand for cardiac care continues to increase due to the aging population, the obesity epidemic and the persistent incidence of cardiovascular disease in the population. At present, CVD is still by far the most common diagnosis among all hospital discharges in the United States. Chronic disease will become an important component of cardiology practice and care teams, consisting of nurses, nurse practitioners, physician assistants, pharmacists and physicians, and will provide the most efficient means of providing ongoing care and long-term follow-up and management of cardiovascular patients. The Symposium will address many relevant topics, including how to harness the assets of the ACC to optimize the quality of one's practice, the diagnosis and assessment of diastolic dysfunction/heart failure, the diagnosis and monitoring of various infiltrative cardiomyopathies, plant-based diets for cardiovascular health, rate-versus-rhythm control strategies for atrial fibrillation, appropriate use of anticoagulation, evaluation of candidates for TAVR, and ways to risk stratify patients with evidence of peripheral disease. There will also be ample time for Q&A and discussion.

# **GOALS STATEMENT**

The overall goal of this activity is to improve patient care by increasing learner knowledge and competence.

# **PROGRAM OBJECTIVES**

At the completion of the Symposium, learners will be able to :

- · Identify at least one educational product or program that will help address a knowledge gap within their practice
- Describe performance improvement products available through the ACC
- · Recognize, diagnose and assess diastolic dysfunction/heart failure
- Explain prognosis of, and treatment options for, diastolic heart failure
- · Describe how cardiac MRI can be used to diagnose various infiltrative cardiomyopathies
- · Discuss how imaging can be used to monitor patients during treatment for infiltrative cardiomyopathy
- · Describe the evidence behind, and successes of, plant-based diets for cardiovascular health
- Name several strategies to implement plant-based eating into their lives and ways to make recommendations for patients
- Explain the rationale for, and details of, rate vs. rhythm control strategies for atrial fibrillation
- · Assess stroke risk and the appropriate use of anticoagulation
- · Describe intermediate risk candidacy and how this may increase the number of TAVR procedures performed
- · Identify candidates within their own practices who may qualify for evaluation for TAVR
- · Describe how to utilize diagnostic tools within your practice to better assess presence of vascular disease

9:00 a.m.	REGISTRATION & EXHIBITS	2:45 p.m.	A FIB YEP, WE SEE IT
			Joseph F. Gomez, MD, FACC
9:45 a.m.	OPENING REMARKS	3:30 p.m.	Q&A
	Tim Malins, MD, FACC	5.50 p.m.	Qua
	Upstate Governor / Society President	3:45 p.m.	BREAK & EXHIBITS
	Bill Lawson, MD, FACC Downstate Governor / Chapter President	-	
10:00 a.m.	KEYNOTE PRESENTATION	4:00 p.m.	UPDATE ON INTERVENTIONAL CARDIOLOGY
10:00 a.m.			Thomas P. Stuver, MD, FACC
	<i>"Harnessing the Assets of the ACC to Optimize the Quality of Your Practice"</i> Eileen Handberg, ANP-BC, PhD, FAHA, FACC	4:40 p.m.	Q & A
10:40 a.m.	Q&A		VASCULAR DISEASE: FIND IT AND
		4:45 p.m.	(SOMETIMES) FIX IT
10:45 a.m.	UPDATES ON DIASTOLIC HEART FAILURE		Ryan Connell, MD, FACC &
	Jason Pacos, MD, FACC		Farhad Abtahian, MD, PhD, FACC
11:25 a.m.	Q&A	5:20 p.m.	Q&A
		J.20 p.m.	Qua
11:30 a.m.	BREAK & EXHIBITS	5:25 p.m.	REVIEW OF SYMPOSIUM
			Lisa Kotyra, NP
12 Noon	UNCOVERING THE INFILTRATOR: DIAGNOSIS OF INFILTRATIVE CARDIOMYOPATHIES		Planning Committee Chair & Upstate CVT Representative
	Himabindu Vidula, MD, MS	5.20 m m	BREAK & EXHIBITS
10.10		5:30 p.m.	DREAR & EATHDITS
12:40 p.m.	Q&A	6:00 p.m.	SUMMER SOIRÉE
12.45 n m	BUFFET LUNCH, REVIEW OF MORNING TALKS	1	
12:45 p.m.	& EXHIBITS		
2:00 p.m.	PLANTSNOT JUST FOR GARDENING": THE CARDIAC & HEALTH BENEFITS OF A PLANT-BASED DIET		
	J. Chad Teeters, MD, MS, RPVI, FACC		
2:40 p.m.	Q&A		

## FACULTY

Farhad Abtahian, MD, PhD, FACC Interventional Cardiologist The Sands-Constellation Heart Institute

Ryan Connell, MD, FACC Clinical Assistant Professor The Sands-Constellation Heart Institute

Joseph F. Gomez, MD, FACC Director of Cardiovascular Services Finger Lakes Health

Eileen Handberg, ANP-BC, PhD, FAHA, FACC Professor of Medicine University of Florida

## PLANNING COMMITTEE

#### Lisa Kotyra, NP

CVT Symposium Planning Committee Chair NYACC Upstate CVT Representative University of Rochester Medical Center

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## **REGISTRATION FORM**

# THE TENTH ANNUAL CARDIOVASCULAR TEAM SYMPOSIUM 2017

Online registration available at: NY-ACC.org/10thAnnualCVT

\* Please print

NAME

RN NP PA MD DO PHD OTHER

ADDRESS LINE 1

ADDRESS LINE 2

ADDRESS LINE 3

ORGANIZATION NAME

PHONE #

\* If registering 2+ people, please provide all attendees' names, degreees, and contact info with your payment

\_\_\_\_ NY-ACC Member (Before May 1): \$25

\_\_\_\_ Non-Member (Before May 1): \$50

\_\_\_\_ NYACC Member (On or after May 1): \$75

\_\_\_\_ Non-Member (On or after May 1): \$100

Total # of registrants \$\_\_\_\_\_ Total amount enclosed

☐ YES, I PLAN TO ATTEND THE SUMMER SOIRÉE FOLLOWING THE CVT SYMPOSIUM . . .

. . . AND I WILL BRING \_\_\_\_\_ GUESTS, NOT INCLUDING MYSELF

I AM NOT A MEMBER BUT WOULD LIKE MORE INFORMATION REGARDING MEMBERSHIP

\* Kindly tell us where you heard about this year's event

Please make checks payable to: The New York Cardiological Society, Inc.

Registration form and remittance should be mailed to: The New York Cardiological Society, Inc. 555 8th Ave., Suite 1902 New York, New York 10018

## ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Rochester School of Medicine and Dentistry and the New York Cardiological Society, Inc. The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

# CERTIFICATION

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of *5.5 AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## NEW YORK CARDIOLOGICAL SOCIETY DISCLOSURE STATEMENT

The New York Cardiological Society, Inc. relies upon invited faculty participants in its CME programs to provide educational information that is objective and free of bias. In this spirit, and in accordance with the guidelines of the program sponsor, faculty participants are expected to indicate any commercial relationship that might be perceived as a real or apparent con ict of interest. Any discussion of investigational or unlabeled uses of a product will be identified.

Lodging

A courtesy block of rooms has been secured at The Inn on The Lake for the Symposium and the Soirée.

To book your room(s), please call (800) 228-2801 and use code "The New York Cardiological Society" for discounted room rates. Space is limited.

Questions? Call (212) 686-0228 or email ask@ny-acc.org The New York Cardiological Society, Inc. 555 8th Avenue, Suite 1902 New York, NY 10018

