




Cardiology for the Ages: Tailoring Care for our Aging Population



Saturday, October 8, 2016
7:30 a.m. 3:00 p.m.

The Ventana Ballroom at Hotel Eventi
851 Avenue of the Americas
New York City



Presented by
The New York
Cardiological Society, Inc.



of the
New York State Chapter,
American College of Cardiology



In association with
New York Cardiac Center



Jointly provided by
University of Rochester
Center For Experiential Learning

Program Description

As cardiovascular medicine rapidly evolves, cardiovascular healthcare providers are challenged to determine and recommend the best therapies for their patients. This scientific session provides attendees with the opportunity to examine current topics with the goal of helping them provide the best care for their aging patients. The program will include presentations from nationally respected cardiovascular specialists from around the country. Among the lectures, the topics will center around acute myocardial infarction, non-invasive imaging for diagnosis of cardiac amyloids, telemonitoring, readmission reduction, atrial fibrillation, aortic stenosis, and post-acute cardiovascular care in older adults. Exhibitors will present materials relevant to some of the advances in therapy being discussed. Regular breaks will allow for networking and the ability for fellows in training (FITs) and other cardiovascular clinicians to meet with and to discuss issues relevant to their future and the current practice of cardiology. In addition, the winners of the Young Investigators research competition will display posters of their scientific work, and two clinical case presentations will be briefly presented by the winning fellows of the case competition and discussed by their cardiology mentors.

Target Audience

The target audience includes cardiologists, cardiothoracic surgeons, internists, family medicine practitioners, gerontologists, oncologists, cardiac nurse practitioners, physician assistants, cardiology fellows-in-training and all members of the cardiac care team.

Program Objectives

At the completion of this program, physicians and other healthcare professionals in attendance will be able to:

- Explain the rationale for, and identify components of, a comprehensive approach to readmission reduction
- Describe the importance of high-quality, disease-specific care, multiple transitional care interventions, involvement of multidisciplinary teams, and early and frequent outpatient followup
- Navigate the current landscapes of Post-Acute Care and describe its relevance in the care of our geriatric cardiology patients
- Identify gaps in care and specific interventions providers can utilize to improve outcomes
- Identify various types of procedures necessary for treating atrial fibrillation in older adults

Program Objectives (cont.)

- Explain the rationale for why the management of atrial fibrillation is directed at preventing thromboembolism and controlling heart rate and rhythm
- Identify the effects of aging on CV care and unique aspects of care for older adults
- Delineate the various phenotypes of aortic stenosis in older adults and enumerate mechanisms underlying paradoxically low-flow aortic stenosis
- Identify TTR Cardiac amyloid without a biopsy
- Explain the extent to which current guidelines for cardiovascular disorders are evidence-based with respect to older adults
- Identify strategies for improving care and outcomes for older adults with cardiovascular diseases
- Describe the role of non-invasive imaging for diagnosis of cardiac amyloids
- Recite promising treatments for TTR cardiac amyloidosis
- Describe ways in which telemonitoring can improve heart failure outcomes
- Describe patients' perspectives about the pros and cons of telemonitoring
- Identify management strategies in diagnosing acute MI in elderly patients

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Faculty

KUMAR DHARMARAJAN, MD, MBA
Assistant Professor of Medicine
Yale University School of Medicine

NICOLE ORR, MD, FACC
Assistant Professor
Tufts University School of Medicine

JOHN DODSON, MD, FACC
Assistant Professor of Medicine and Population Health
Director, Geriatric Cardiology Program
New York University Langone Medical Center

MATHEW MAURER, MD, FACC
Arnold and Arlene Goldstein Professor of Medicine
Columbia University Medical Center

MICHAEL RICH, MD, FACC
Professor of Medicine
Washington University School of Medicine

SABAHAT BOKHARI, MD, FACC
Associate Professor of Medicine-Cardiology
Columbia University Medical Center

SARWAT CHAUDHRY, MD
Associate Professor
Yale University School of Medicine, Dept. of General
Internal Medicine/YNHH

JOSEPH ALPERT, MD, FACC
Professor of Medicine and Editor in Chief, *The American Journal of Medicine*
University of Arizona College of Medicine

- 7:30 a.m. Registration, Posters, Exhibits & Continental Breakfast
- 8:10 a.m. Opening Remarks and Business Meeting
Timothy Malins, MD, FACC; William Lawson, MD, FACC; John Dodson, MD, FACC; Mathew Maurer, MD, FACC
- 8:30 a.m. Strategies to Reduce Cardiovascular Readmissions in Older Patients
Kumar Dharmarajan, MD, MBA
- 9:00 a.m. Post-Acute Care for Older Adults with CVD - What Do We Need to Know?
Nicole Orr, MD, FACC
- 9:30 a.m. Afib in Older Adults: Coumadin, NOACS, LAA Occlusion, Bleeding
John Dodson, MD, FACC
- 10:00 a.m. Paradoxically Low Flow Aortic Stenosis: An Emerging Complex Phenotype in Older Adults
Mathew Maurer, MD, FACC
- 10:30 a.m. Refreshment Break, Posters, Exhibits
- 10:45 a.m. *The New York Cardiac Center Lecture: Gaps in the Guidelines for Older Adults with Cardiovascular Disease*
Michael Rich, MD, FACC
- 11:15 a.m. Case Presentations
- 12:30 p.m. Luncheon Symposium: PYP Scanning for Diagnosing TTR Amyloid without a Biopsy: Re-Emergence of Nuclear Cardiology
Sabahat Bokhari, MD, FACC
- 1:15 p.m. Posters, Exhibits & Review of Morning Talks
- 1:30 p.m. *The Weiden-Perlman Lecture: Telemedicine in Older Adults with Heart Failure: High Tech But Not High Touch*
Sarwat Chaudhry, MD
- 2:00 p.m. *The Reiss-Odenheimer Lecture: Treating MI in Older Adults: What's Different?*
Joseph Alpert, MD, FACC
- 2:30 p.m. Discussion, Review of Presentations & Closing Remarks
- 3:00 p.m. Scientific Session Ends

Planning Committee

Leway Chen, MD, MPH
John Dodson, MD
William E. Lawson MD
Timothy J. Malins, MD
Mathew Maurer, MD

The New York Cardiological Society and the New York State Chapter of the American College of Cardiology thank New York Cardiac Center for its continuing educational support.

General Information

This conference is presented by The New York Cardiological Society, Inc. of the New York State Chapter, American College of Cardiology, in association with New York Cardiac Center and jointly provided by The University of Rochester School of Medicine and Dentistry.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the *University of Rochester School of Medicine and Dentistry and The New York Cardiological Society, Inc.* The University of Rochester School of Medicine and Dentistry is accredited by the ACCME to provide continuing medical education for physicians.

Certification

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The New York Cardiological Society, Inc. relies upon invited faculty participants in its CME programs to provide educational information that is objective and free of bias. In this spirit, and in accordance with the guidelines of the program sponsor, faculty participants are expected to indicate any commercial relationship that might be perceived as a real or apparent conflict of interest. Any discussion of investigational or unlabeled uses of a product will be identified.

Hotel Information

A courtesy hotel block at the Hotel Event is reserved for this event. To get the discounted rate, call (866) 996-8396 to reserve your room night(s) and use the reference code "Cardiology for the Ages."

Questions?
Call (212) 686-0228 or email ask@ny-acc.org

Registration Form

Online registration available at:
NY-ACC.org/2016AnnualMtg

- 88th Annual NYCS Scientific Session
- 26th Annual Meeting of the New York State Chapter of the American College of Cardiology

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 RNJLN NP PA MD DO PhD MPH FACC MNGC
 Other

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NYACC Member: FREE

Non-Member: \$100

Walk-in: \$150

Trainees: No Charge*

*Requires sponsorship of training director

TOTAL _____

YES, I PLAN TO ATTEND THE COCKTAIL RECEPTION ON OCT. 7TH, 7-9 P.M.

I PLAN TO BRING A GUEST TO THE COCKTAIL RECEPTION. HIS/HER NAME IS: _____

Note: Guests must be 21 or older

Kindly tell us how you heard about this year's event:

- The NYACC "Cardiologist" Newsletter
- An email from NYACC
- Flyer that I received in the mail
- Flyer that I received in the mail
- This brochure that I received in the mail
- Social Media (Facebook, Twitter, LinkedIn)
- A friend/colleague
- Other _____

Please make checks payable to:
The New York Cardiological Society, Inc.

This registration form and remittance should be mailed to:
The New York Cardiological Society, Inc.
555 Eighth Avenue, Suite 1902, New York, New York 10018